

CHEMICAL PEEL CAUTIONS AND POST TREATMENT INFORMATION

A chemical peel treatment is a procedure with certain inherent risks. If you follow your esthetician's advice and directions, the risk of complications in this procedure is small. Anything that you do against your esthetician's advice increases the chances of you having complications.

Certain conditions may require postponement of your treatment. These include:

- Inflamed acne lesions
- Open cuts or scratches on your face
- Active cold sores on lips or face
- Any facial surgery within 3 months
- Active suntan or sunburn (use sunscreen and avoid direct sun exposure in preparation for your treatments).

In addition, if you are under physical or mental stress, it is not a good time for a treatment. Other contradictions exist.

Most guests who undergo this kind of therapy have only a little redness for 12 to 24 hours. They may have flaking in a few localized areas for 1 to 2 days. It is extremely important that you do not pick, scratch, pull, or rub your skin during or after the treatment. If you do, you may damage the underlying new skin and cause scarring or changes in your pigmentation.

Avoid applying makeup to the treated areas for at least four hours to avoid cross-contamination.

On the day of your treatment please avoid extensive exercise, sun, or tanning beds, swimming pools, hot water/steam including saunas, jacuzzis and hot tubs, and waxing hair removal in the treated areas.

During the entire time of healing (two to seven days), you should only use the products recommended by your esthetician. Do not apply any medications or glycolic acid products during this time or your skin may become irritated. **Be sure to use sun screen daily with SPF 30+.**

It will be your responsibility to follow this advice since you will be caring for your skin at home and your signed consent form is your promise to us that you will do so.

If, despite these warnings, you pick or rub your skin, you may alter the results and your esthetician may not elect to perform any further treatments on you if there is double that you will follow the instructions exactly.

Please realize that these warnings are for your protection. If you are not sure if you should do something or don't understand the directions, please call us before you do anything!

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